



03-04 MAY  
2025

**Unite  
Empower**

& *Renew*

JOURNEY TO INNER PEACE AND SPIRITUAL HARMONY

**MARIFAH RETREAT CENTER**

13308 BUENA VISTA RD, WAYNESBORO, PA 17268

**+1 717 734 5677**

[www.marifah.org](http://www.marifah.org)



# WELCOME MESSAGE

from Sheikh Jamil Ahmed Sukhera

Dear Beloved Community,

It is my heartfelt joy to welcome you to the Marifah Family Retreat—a sacred space designed to help you reconnect with your soul, nurture inner peace, and strengthen bonds with your loved ones and Allah.

In today's fast-paced world, we often lose touch with the stillness within. This retreat invites you to pause, reflect, and immerse yourself in mindfulness, prayer, and spiritual growth. Through guided meditations, communal prayers, and soul-enriching workshops, you will rediscover tranquility and the profound beauty of a life centered on faith.

My hope is that you leave feeling renewed, spiritually uplifted, and empowered to carry this serenity into your daily life. Let us unite in this journey of healing, reflection, and divine connection.

With love and blessings,

**Sheikh Jamil Ahmed Sukhera**

Spiritual Guide | Marifah Retreat Center

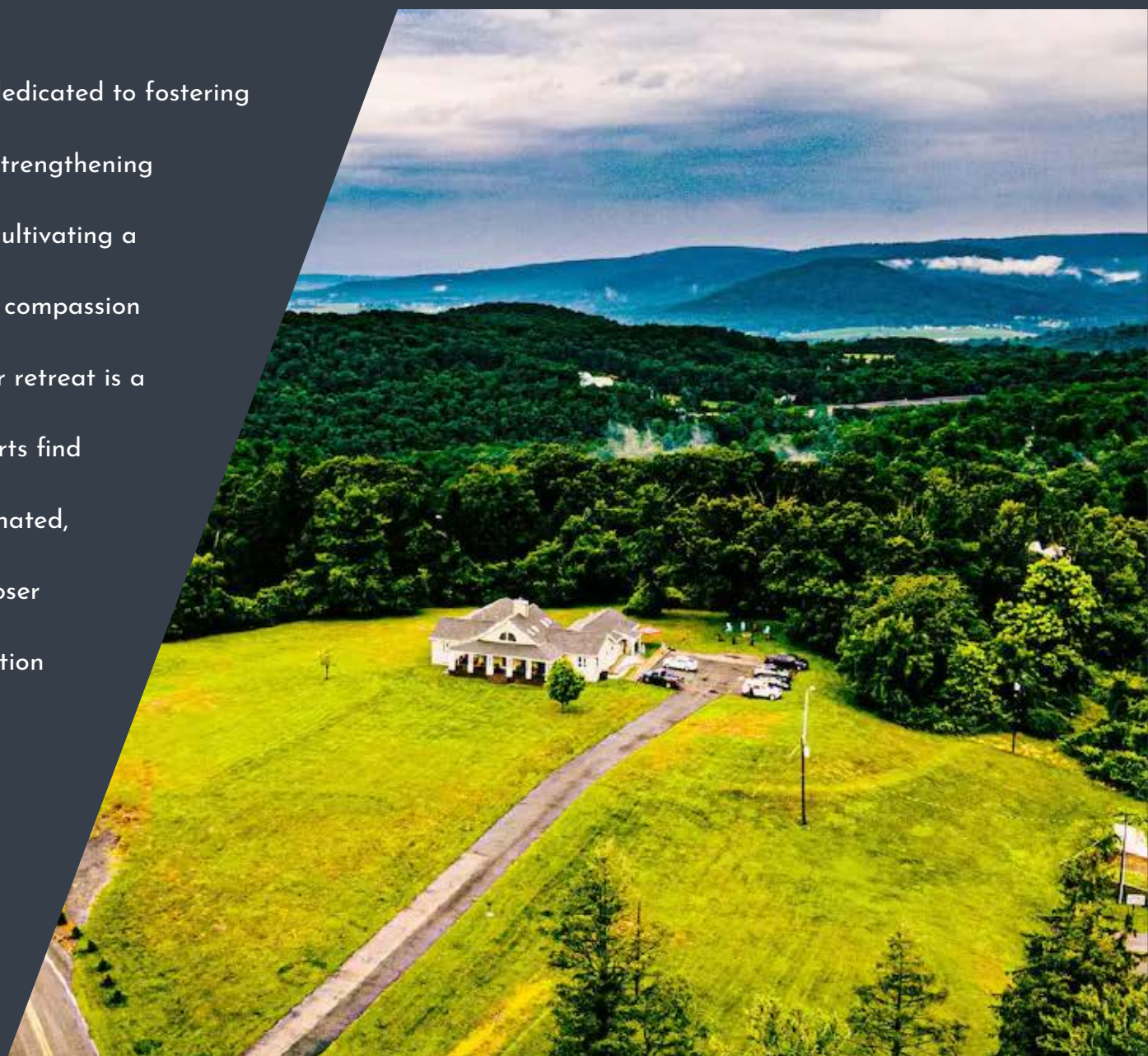




# ABOUT

## MARIFAH FAMILY RETREAT

At Marifah, we are dedicated to fostering spiritual well-being, strengthening familial bonds, and cultivating a community rooted in compassion and mindfulness. Our retreat is a sanctuary where hearts find rest, souls are rejuvenated, and families grow closer through shared devotion and reflection.





## OUR MISSION

To guide individuals and families toward inner peace, spiritual fulfillment, and harmonious relationships through faith-centered practices and mindful living.



## OUR VISION

To create a global community united by peace, compassion, and divine connection, inspiring generations to live with purpose and grace.





# OBJECTIVES

This camp will be a life-changing experience that helps you create a fulfilling lifestyle aligned with Islamic values. It will enable you to live a successful and spiritually enriched life by achieving:



Deepen Connection  
with Allah



Cultivate Inner Peace  
& Mindfulness



Practice Gratitude  
& Compassion



Learn Heart-Centered  
Meditation



Strengthen Family  
Bonds



Embrace Spiritual  
Healing



Foster Community  
Harmony

2:00 PM	Arrival & Check-In
2:30 PM	Zuhr Prayer
3:00 PM	Soulful Reflections: Guided Meditation & Gratitude Session
4:00 PM	Heart Intelligence Workshop: Connecting with Divine Presence
5:00 PM	Tawakkul (Trust in Allah) and Become Successful
6:00 PM	Asar Prayer
7:00 PM	Maghrib Prayer
8:00 PM	How to Implement Sunnah of Prophet to Become Successful in This World and Hereafter
9:00 PM	Isha Prayer
10:00 PM	Rest or Silent Reflection
6:00 AM	Fajr Prayer & Morning Mindfulness Walk
8:00 AM	Mindful Parenting: Nurturing Faith in Children
10:00 AM	Art of Letting Go: Workshop on Forgiveness
11:00 AM	Closing Ceremony: Renewal & Commitment to Peace



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# ACTIVITIES

At Marifah we have different chapter based activities like  
Enterprenuer, halal investing, Ai and Cyber Security, Kids and Youth,  
hicking, bone fire, sister social, New Reverts.



**GUIDED MEDITATION  
& GRATITUDE SESSION**



**HEART  
INTELLIGENCE  
WORKSHOP**



**MARIFAH YOUTH  
& KIDS CARE**



**TAWAKKUL  
(TRUST IN ALLAH)  
AND BECOME  
SUCCESSFUL**



**HIKING & HEART  
MEDITATION**



**MARIFAH  
SISTERS'  
SOCIAL MEETUP**



**MARIFAH BONFIRE  
& STARRY NIGHT**



**ART OF  
LETTING GO:  
WORKSHOP ON  
FORGIVENESS**





## GUIDED MEDITATION & GRATITUDE SESSION

“**Nurture your soul**  
and embrace gratitude  
**through mindful reflection.**”

### WHAT'S INSIDE:



#### **Guided Meditation:**

Learn calming techniques to center your mind and deepen your connection to Allah.



#### **Gratitude Journaling:**

Reflect on life's blessings and document moments of thankfulness, inspired by Quranic teachings on gratitude.



#### **Spiritual Affirmations:**

Focus your heart with phrases like “Alhamdulillah” to cultivate mindfulness and trust in Allah’s plan.



#### **Reflective Silence:**

Find clarity and peace through quiet contemplation and self-awareness.



#### **Group Sharing:**

Strengthen community bonds by exchanging stories of gratitude and spiritual growth.

Turn your ideas into successful businesses  
with purpose and honesty.

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# HEART INTELLIGENCE WORKSHOP

“**Cultivate**  
inner peace  
and **spiritual**  
awareness through  
mindful practices.”

## WHAT'S INSIDE:

### Divine Connection:

Guided meditations centered on Quranic teachings about the heart (e.g., “Verily, in the remembrance of Allah do hearts find rest” [13:28]).

### Emotional Harmony:

Techniques to align emotions with patience (sabr) and gratitude (shukr) through reflective exercises.

### Heart-Centered Dhikr:

Deepen your remembrance of Allah with rhythmic breathing and repetition of sacred phrases like “Allah, Allah.”

### Spiritual Journaling:

Document reflections on personal growth and divine guidance.

### Community Circles:

Share insights and foster bonds through group discussions on spiritual resilience.



# MARIFAH YOUTH & KIDS CARE



“

**A fun-filled program**  
for youth and kids,  
**nurturing creativity,**  
leadership, and growth.

”



## WHAT'S INSIDE:



**Youth Workshops:** Build leadership and teamwork skills.



**Fun Activities:** Games, challenges, and competitions.



**Creative Corner:** Art, crafts, and storytelling for kids.



**Physical Play:** Enjoy outdoor sports and fun activities.



**Mentorship:** Connect with inspiring role models.

Join us for a delightful day of Youth & Kids Care!

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“**Harmonize** effort and faith  
for lasting **peace**  
**and success.**”

# **TAWAKKUL** **(TRUST IN ALLAH)** **AND BECOME** **SUCCESSFUL**

## **WHAT'S INSIDE:**

### **Trust in Action:**

Learn to rely on Allah's plan while taking purposeful steps (***Quran 65:3***).

### **Prophetic Wisdom:**

Stories of Prophet Ibrahim (AS) and others who exemplified Tawakkul.

### **Practical Plans:**

Create steps to apply trust in daily life (***career, health, relationships***).

### **Quranic Guidance:**

Reflect on verses like “Allah is the Best of Planners” (***3:54***).

### **Supportive Sharing:**

Discuss challenges and breakthroughs in trusting Allah.

### **Du'a for Clarity:**

Craft heartfelt supplications for divine guidance.

# HIKING & HEART MEDITATION



“ **Reconnect**  
with nature and  
**deepen your spirit.** ”

## WHAT'S INSIDE:



**Explore Nature:** Walk calming trails to refresh your body and mind.



**Mindful Hiking:** Combine walking with mindfulness to clear your thoughts.



**Heart Meditation:** Focus on your heart, repeating "Allah Allah," for peace and strength.



**Spiritual Healing:** Let each step bring you closer to tranquility.



**Inner Peace:** Reduce stress and find clarity with this simple meditation.



# MARIFAH SISTERS' SOCIAL MEETUP



“ **A joyful gathering**  
for sisters to connect,  
uplift, and celebrate  
**togetherness.** ”

## WHAT'S INSIDE:



**Tea & Talks:** Enjoy heartwarming conversations over a cup of tea.



**Empowerment Talks:** Discussions on growth and community.



**Creative Workshops:** Arts, crafts, and hobbies.



**Networking:** Build meaningful relationships.



**Relaxation Zone:** Mindfulness and self-care time.

Join us for a memorable and inspiring experience!

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# MARIFAH BONFIRE & STARRY NIGHT



“ **Experience the magic**  
of a starlit evening with a cozy  
**bonfire** and celestial views. ”

## WHAT'S INSIDE:



**Bonfire Tales:** Share heartfelt stories and create lasting memories.



**Stargazing:** Explore the night sky with guided views.



**Nasheeds:** Enjoy uplifting and peaceful nasheeds under the stars.



**Sweet Treats:** Indulge in marshmallows, hot chocolate, and snacks.



**Nature Reflections:** Find peace and connect with the serene night.

Join us for a night to remember!

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# MARIFAH BAZAAR



## WHAT'S INSIDE:

### Prophetic Lessons:

Learn from Prophet Yusuf's (AS) forgiveness of his brothers (Quran 12:92) and Prophet Muhammad's (PBUH) mercy in adversity.

### Self-Reflection:

Identify emotional burdens through guided prompts and Quranic reflections (e.g., "Let them pardon and overlook..." [24:22]).

### Forgiveness Journaling:

Document steps to release grudges and heal spiritually.

### Healing Circles:

Share stories of forgiveness and support others in a safe, compassionate space.

### Du'a for Liberation:

Craft supplications to seek Allah's help in letting go and finding peace.

### Action Pledges:

Commit to one act of forgiveness (to others or yourself) post-retreat.

“

***Embrace freedom***  
through forgiveness and  
***divine grace.***

”





# MARIFAH FAMILY RETREAT ACCOMMODATIONS

Escape to tranquility at Marifah Family Retreat. Our family-friendly accommodations provide a perfect balance of comfort, nature, and peace, making it an ideal destination for quality time and relaxation with your loved ones.

**Book**  
Your Family  
**Getaway Today**

And Create

*Lasting*  
Memories

At **Marifah!**

## AMENITIES & FACILITIES



### Spacious Rooms:

Comfortable, family-sized cabins and villas



### Private Outdoor Areas:

Beautiful gardens, terraces, and seating for family bonding



### Modern Comforts:

Air conditioning, Wi-Fi, fully equipped kitchens



### Peaceful Atmosphere:

Quiet, serene surroundings to unwind and reconnect







# HALAL MEALS FOR THE WHOLE FAMILY

Enjoy 100% halal meals that cater to your taste and values. Our menu blends traditional favorites with modern dishes, bringing comfort and joy to every meal.

## OUR MEAL OFFERINGS

### Breakfast

**Traditional:** Parathas, shakshuka, chai

**American:** Pancakes, eggs, fresh fruit, yogurt

**Hot beverages:** Coffee, chai, herbal tea

### Lunch

**Comfort:** Biryani, beef curry, BBQ kababs

**Healthy:** Grilled chicken wraps, fresh salads

**Sides:** Fresh naan, rice, pita bread

### Dinner

**Family-style:** Lamb curry, kababs, roasted chicken

**Sides:** Pilaf, biryani

**Desserts:** Cakes, traditional desserts

## A Special

*Dining*  
EXPERIENCE

At Marifah, every meal is crafted with care, blending home-cooked comfort and halal options that bring your family closer together.

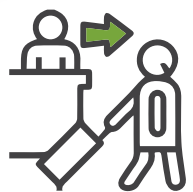
# CHECK-IN RULES

Check-In Time: Check-in is from 3:00 PM onwards. Early check-in may be available upon request. Please contact us in advance if you need this service



## **ID & Confirmation:**

A valid government-issued ID is required at check-in. Please also bring your booking confirmation (digital or printed).



## **Check-Out Time:**

Check-out is by 11:00 AM. Late check-out may be possible upon request, depending on availability.



## **Late Check-In:**

If you plan to arrive after 9:00 PM, kindly inform us in advance, and we will provide instructions for after-hours check-in.

**“ We Look Forward**  
To Welcoming You  
**And Making Your Stay**  
*Unforgettable!* ”



# GENERAL RULES

To ensure a peaceful and enjoyable experience for all guests, we ask you to follow these general rules:



## **Respect Quiet Hours:**

Quiet hours are from 10:00 PM to 7:00 AM. Please maintain a quiet and respectful atmosphere during these times.



## **Non-Smoking:**

Smoking is not allowed inside any of the accommodations or indoor areas. Designated smoking areas are available outdoors.



## **Pet Policy:**

Pets are not allowed at the retreat to ensure the comfort of all guests.



## **Occupancy Limit:**

Each accommodation has a set occupancy limit. Please respect the maximum number of guests allowed in each space.



## **Cleanliness:**

Kindly leave the accommodation in good condition. Please use the provided trash bins, and we encourage recycling.



## **Alcohol & Drugs:**

The use of alcohol and illegal substances is prohibited on the premises.

**“We appreciate your**  
*Cooperation*  
**in helping us maintain a**  
**PEACEFUL RETREAT**  
**for all guests! ”**

# POLICIES

Marifah Family Retreat is dedicated to offering a welcoming experience for all guests. Please read through the following policies:

## Cancellation Policy:

- Since Marifah Family Retreat is free, we do not charge any fees. However, please notify us at least 48 hours before your scheduled arrival if you need to cancel or modify your stay so we can accommodate other guests.

Damage Policy:

- While your stay is free, we kindly ask that you respect the property. Any significant damage caused by guests will be addressed, and repair costs may be charged.

Booking Policy:

- No payment is required to book your stay. We only ask for your commitment to attend and enjoy the retreat. Please confirm your booking in advance to ensure availability.

Group Bookings:

- For groups of 5 or more accommodations, please contact us directly so we can reserve your spots and accommodate any special needs.

Health and Safety:

- We prioritize your health and safety by maintaining high standards of cleanliness and sanitation. If you have any specific health concerns, please notify us beforehand.

## Privacy Policy:

We respect your privacy. Personal information is never shared with third parties, and all data is handled with the utmost care.

**We look forward to hosting you and ensuring a memorable  
and fulfilling stay at Marifah Family Retreat!**



# OUR SPONSORS

We're grateful to have the support of these amazing partners, who share our goals of growth, innovation, and community.





Vairt is the USA's first Sharia-compliant real estate investment platform, offering you a simple, Halal, and profitable way to grow your wealth. With 100% halal opportunities in thriving markets like the USA and Dubai.

### Unique Features



#### Sharia-Compliant:

No riba, no uncertainty, no haram activities.



#### High ROI:

Earn up to 98% returns on diverse properties.



#### Hassle-Free:

We manage properties while you earn.



#### Global & Flexible:

Invest from anywhere with liquidity options.

### Vairt's Subsidiaries:



### Global Presence:

Vairt operates in four key regions with headquarters located in:

- USA
- Europe
- Middle East
- Asia

### Why Choose Vairt?



1000+ investors



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+1 516 444 7715

#### UNITED STATES

13308 Buena Vista Rd,  
Waynesboro, PA 17268

[vairt.com](http://vairt.com)

#### MIDDLE EAST

Office No: 401, Building No 7, 4th Floor  
Business Bay - Bay Square - Dubai - UAE

[vairt.ae](http://vairt.ae)

#### EUROPE

Pihatörmä 1 A, Espoo, 02240

[vairt.eu](http://vairt.eu)

#### PAKISTAN

237 G1 Johar Town Lahore

[vairt.pk](http://vairt.pk)



## WEEKLY ZIKAR GATHERINGS

### Join Us in the Remembrance of Allah

We invite you to join our weekly Zikar gatherings, where we come together to remember Allah, purify our hearts, and seek spiritual growth. Our gatherings offer an opportunity to strengthen our connection to Allah while building a supportive community of like-minded individuals.

### Benefits of Zikar

"Only in the  
remembrance of  
Allah do hearts find  
rest!" (QS.13:28)

**Purifies the Heart:** Cleanses the heart of impurities and negative thoughts.

**Increases Spirituality:** Brings you closer to Allah, deepening your sense of purpose.

**Relieves Stress:** Calms the mind and offers peace.

**Improves Focus:** Enhances concentration in all areas of life.

**Strengthens Faith:** Reinforces your belief in Allah's guidance.

**Encourages Self-Reflection:** Promotes personal growth through awareness of Allah's presence.

**Fosters Humility:** Reminds us of our dependence on Allah for all blessings.

**Protects from Evil:** Shields against negative influences.

**Promotes Unity:** Builds a sense of community and mutual support.

**Brings Blessings:** Attracts Allah's blessings and aids in overcoming life's challenges.

### It Includes



Accommodations



Free Meals



In person Sessions

### When and Where?

Every Saturday & Sunday

At: 13308 Buena Vista Rd, Waynesboro, PA 17268

### Contact Us:

+1 717 734 5677

[marifah.com](http://marifah.com)

[Support@vairt.com](mailto:Support@vairt.com)





## JOURNEY TO ALLAH WEEKEND PROGRAM BY MARIFAH

### BEGIN YOUR JOURNEY *WITH MARIFAH*

JOIN US FOR A TRANSFORMATIVE WEEKEND TO STRENGTHEN YOUR CONNECTION WITH ALLAH AND DEEPEN YOUR UNDERSTANDING OF ISLAM IN A WELCOMING, SUPPORTIVE ENVIRONMENT. WHETHER YOU'RE NEW TO ISLAM OR SEEKING TO GROW, THIS PROGRAM IS YOUR GUIDE.

#### PROGRAM TOPICS:



**TOWHEED:** UNDERSTANDING ALLAH'S ONENESS.



**PURIFICATION:** SPIRITUAL AND PHYSICAL CLEANLINESS.



**PROPHET MUHAMMAD'S LIFE:** TIMELESS LESSONS FROM HIS EXAMPLE.



**PURPOSE OF LIFE:** DISCOVER YOUR TRUE PURPOSE.



**GOOD HABITS:** PRACTICAL STEPS FOR NEW MUSLIMS.



**PILLARS OF ISLAM & FAITH:** FOUNDATION OF BELIEFS.

#### IT INCLUDES:

COMFORTABLE ACCOMMODATIONS  
FREE MEALS  
IN-PERSON SESSIONS

#### WHEN AND WHERE?

EVERY SATURDAY & SUNDAY  
13308 BUENA VISTA RD, WAYNESBORO, PA 17268

+1 717 734 5677

MARIFAH.COM

SUPPORT@VAIRT.COM



## Your Perfect Short-Term Getaway

Explore luxurious, fully furnished short-term rentals designed for comfort and relaxation. Whether it's a family vacation or a peaceful retreat, our properties offer the ideal escape.

### Featured Properties



**Farmhouse Retreat-** Warfordsburg, PA



**Historic Mountain Retreat -** Waynesboro, PA



**Luxurious Farmhouse Retreat -** Warfordsburg, PA



**Luxury Farm Retreat-** Warfordsburg, PA

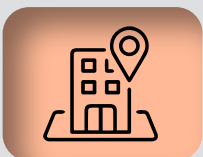


**MountainTop Lodge Retreat -** Waynesboro, PA



**MountaintopView Villa -** Waynesboro, PA

### Why Choose Mountview?



Prime Locations



Spacious, Modern  
Amenities



Fully Furnished  
Luxury



Family &  
Group-Friendly



Scenic  
Surroundings



## Discover Your Inner Peace and Purpose

Feeling stressed or disconnected? The Happiness Retreat offers heart intelligence, mindfulness, and meditation to help you find peace, reduce stress, and reconnect with your purpose.

### BENEFITS:



#### **Deeper Peace:**

Achieve calm and balance.



#### **Discover Purpose:**

Reflect on your priorities.



#### **Build Connections:**

Strengthen relationships.



#### **Take Control:**

Manage stress and stay present



#### **Renew Energy:**

Feel revitalized and joyful.



#### **Find Hope and Renewal**

More Hope Experience  
less depression

### WHAT TO EXPECT



#### **Heart Intelligence:**

Inner wisdom practices.



#### **Meditation:**

Daily mindfulness sessions.



#### **Nature:**

Outdoor reflection time.



#### **Nourishing Meals:**

Healthy, vegetarian meals.

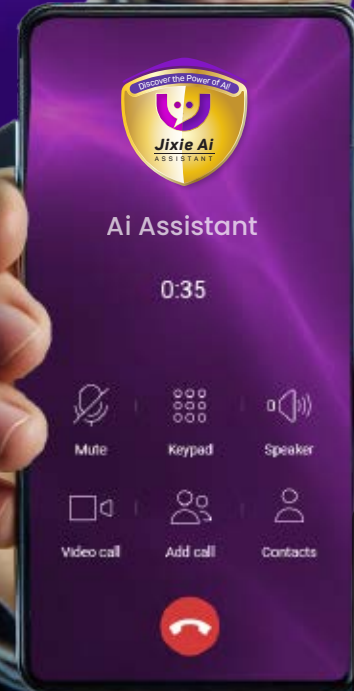
717 859 3859

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I'm an assistant Jixie, you can talk to just like a person. How may I assist you today?



Jonathan Blake  
I am looking for a 2 bedroom apartment.

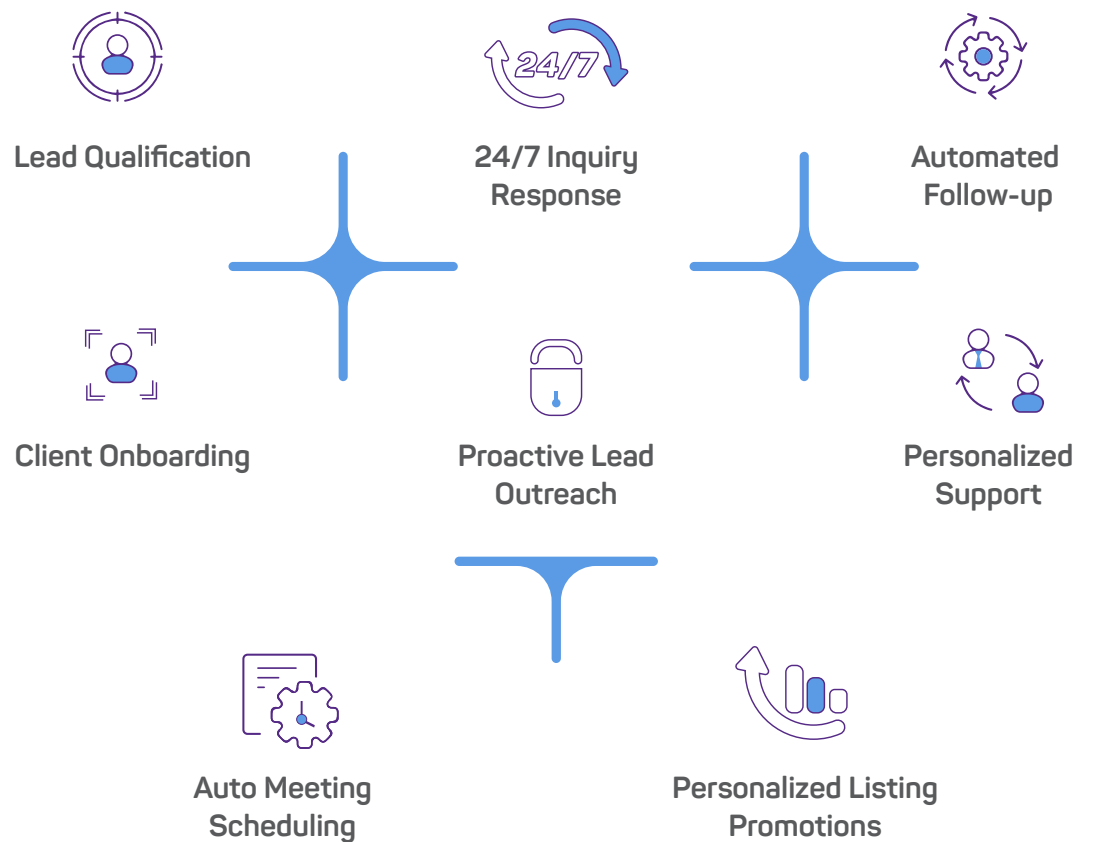
### Custom AI Solutions Tailored to Transform Your Business

Get things done 10x cheaper, 10x faster with your **Custom AI Solution**

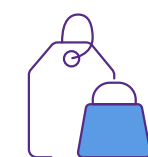
### Solutions for everything

Key Use Cases

Get things done  
**10x** cheaper faster  
with our custom AI tool



### Why You Need JICS AI



Double Your Sales



Faster Closings



Time Efficiency



Client Satisfaction

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www.jics.ai

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An aerial photograph of the Marifah Retreat Center, showing a large building complex surrounded by dense green trees and a road in the foreground. The image is darkened to serve as a background for the text.

**Reserve Your Spot Today!**

**THANK  
YOU**

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**Marifah.org**

**Marifah Family Retreat: March 15-16 | Marifah Retreat Center**